

Tentative 2019 Sessions Schedule

Class Orientation: A Call to Leaders

4 – 6:30 pm Thursday, January 17

- Overview of program and reception to kick off the Quest program year
- Introduction of participants, staff and program alumni

Opening Overnight Retreat

Monday-Tuesday, January 28-29

Snow Dates:

Monday-Tuesday, February 4-5

Participants will:

- Gain a deeper understanding of the entire Quest program and the desired objectives.
- Review the leadership philosophy of Leadership Greater Hartford.
- Be introduced to Kouzes and Posner's **Five Practices of Exemplary Leadership™**.
- Take leadership self-assessment as a first step toward developing personalized leadership development plans.
- Be introduced to the Enneagram Personality System.
- Form taskforces to develop projects addressing selected community issues and challenges.

Unless otherwise noted, monthly Quest workshops are held from 8:30 am to 4 pm at various locations throughout the Hartford area.

**Workshop I: Unleashing Your Potential through the Enneagram
Group Process and Debrief Task Force Norms**

Thursday, February 21

Participants will:

- Develop an understanding of the nine Enneagram personality types including their primary motivations, characteristics, values, assets and liabilities.
- Gain greater self-understanding in order to enhance interpersonal and professional effectiveness.
- Gain insights into how taskforces will work together most effectively by drawing on members' strengths and assets.

**Workshop II: Communication Skills and
Managing Perception through Feedback**

Thursday, March 21

Participants will:

- Gain awareness of three common communication styles and identify their own.
- Learn a language model that promotes effective and direct communication.
- Learn how to effectively seek and receive useful feedback.
- Identify blind spots and/or hidden strengths in current leadership behaviors.
- Debrief LPI Feedback.
- Develop a personal leadership plan.

Workshop III: Field Experience I – Live, Work, Play, Hartford

**Thursday, April 18
Meet in Knox
Boardroom
30 Laurel St., Hartford**

Participants will:

- Meet area leaders and organizations committed to making Hartford a vibrant region.
- Gain a deeper understanding of Hartford’s demographics and issues.
- Visit points of interest and learn from community leaders who are engaged in making Hartford a place people will want to live, work and play.

1-on-1 Coaching Meetings

Scheduled throughout April

Participants will prepare and review their leadership development plans in individual meetings with LGH staff.

**Workshop IV: Networking: Building Relationships
Enneagram: A Deeper Dive**

Thursday, May 23

Participants will:

- Understand the three types of networking and the power of peer relationships to affect change
- Identify the strength of the participants’ different networks.
- Gain awareness of different approaches to networking.
- Learn how to apply knowledge of the Enneagram with those who have no experience with it in order to improve team interactions.
- Begin developing a post-Quest personal leadership development plan.
- Reflect on their learning experience and share their commitment to improve the community.

Workshop V: Field Experience II – Task Forces Decide

Thursday, June 20

Participants will:

- Select from a menu of options which LGH will provide, the community leaders and organizations they would like to visit which focus upon each of the five task force initiatives.

Workshop VI: Leadership Styles and Group Process

Thursday, July 18

Participants will:

- Learn the 6 different leadership styles and identify in which situation each one is best.
- Through a self-assessment, identify their go-to leadership style(s).
- Assess the efficacy of their task forces’ group process.

Workshop VII: Collective Problem Solving and Team Building

Thursday, August 23

By participating in a scavenger hunt in downtown Hartford, participants will:

- Work on leadership, cooperation, active listening and teamwork.
- Gain a greater understanding of creative problem solving and how to leverage assets and limited resources.
- Have a lot of fun!

Workshop VIII: Executive Presence and the Impact of Self-Talk

Thursday, September 19

Participants will:

- Understand what comprises Executive Presence.
- Learn about the three types of confidence and gain self-awareness of where they are today.
- Identify their self-talk style and how it impacts their work and their confidence.
- Learn what it means to be a resilient leader by viewing success and failure through the lens of approach and effective effort.

1-on-1 Coaching Meetings

Scheduled throughout October

- Participants will review the progress made on leadership development plans in individual meetings with LGH staff

Task Force Presentations and Commencement (4pm-7:00pm)

**October 24
Location TBD**

Debriefing Dinners

**October 30 – November 8
LGH Conference Room
30 Laurel St., Hartford**

During a 2 hour session, participants will:

- Evaluate their taskforce project experience, emphasizing the results of their experiential learning