

LEADERSHIP BY THE BITE

Leadership Greater Hartford, the region's premier leadership organization, provides workshops on leadership topics listed below during a quick meal at your workplace. These sessions can be customized for your timeframe and group size.

Leadership Skill Development Track

Introduction to the Five Practices of Exemplary Leadership® of Kouzes and Posner

This workshop will include a personalized leadership assessment using the Leadership Practices Inventory and an overview of the five practices. (Additional cost is \$20 per participant for the assessment tool.)

Leadership for Change

This workshop focuses on the roles and functions of change agents and the kinds of change strategies that can be employed in various situations requiring change.

Creativity and Leadership

This workshop draws on a video developed by DeWitt Jones, a nationally recognized *National Geographic* photographer, and provides a fresh look at leadership principles.

Learning How Groups Work Best

This workshop introduces basic principles of participatory decision making and helps participants understand the dynamics that contribute to effective group work.

Skill-Specific Workshops

These skill-based workshops engage participants with exercises to help them use each tool. Examples include:

- The Nominal Group Process: Generating consensus and priorities on complex issues
- Better Brainstorming
- Designing realistic agendas
- Improving problem solving
- Unanimity and consensus decision-making

PERSONAL GROWTH TRACK

Unleashing Your Potential

This workshop uses the basics of the Enneagram personality system to help participants understand their own motivations, needs and desires and how they are similar and different from others. The program will help your staff overcome self-imposed limitations, identify and unleash their untapped and hidden potential, and to engage and unleash potential in others. (Additional optional cost is \$25 per participant for the Enneagram personality tool and instructional materials.)

The Gifts of Imperfect Living

We are professional, powerful, accomplished but we are also stressed, splintered and exhausted. The practice of wholehearted living course corrects and dramatically changes how we live, love, work and lead for the better. This is an introduction into wholehearted practices and what it takes to live with more authenticity, joy, clarity and balance.

Values Light the Way

Identify the personal values that are the most important in your life. Begin to understand how value clarification is essential to the development of resiliency and managing the arenas in your life.

ORGANIZATIONAL CHANGE AND DEVELOPMENT

Planning and Managing Change

This workshop introduces basic elements of the organizational change process. Participants will develop an appreciation for the complexity of planning and managing change and will enhance their abilities to implement change.

Reframing Organizations

This workshop presents an overview of the four frames through which organizations must be viewed if one is to fully understand the dynamics of providing leadership for change. The frames are:

- Structural frame
- Human resource frame
- Political frame
- Symbolic frame

The cost of each Leadership by the Bite workshop is \$500-800 plus expenses (i.e. travel). The cost of food and the assessment tools (where applicable) is the responsibility of the purchasing organization.

For more information, or to schedule a Leadership by the Bite program:

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